

How To Use Your Bundle

Your Figurenotes bundle includes some fun activities to do yourself or to share with your pupils.

• 2 Figurenotes Rainbows

- Colour them in using Figurenotes colours
- Can you create a tune by putting the colours in different orders
- Try playing your tune on your instrument
- Put your rainbow up in the window to cheer up your neighbours, postman, and the birds
- Share them on social media and tag us so we can see!

• Practice Challenge

- Practise every day for (Covid-)19 days
- Fill in the chart to mark your progress
- If you managed 19, try our longer practice challenges in the Resource Base
- You can also try this as a group effort with friends and classmates

• Music as Mindfulness

- If you need to relax and calm down, try focusing on these activities one at a time
- Some are simple (e.g. dance) and designed to release built up tension
- Others get you to focus on breath or sound to keep you grounded
- Teachers may want to record a guided version for their pupils

• Composition Worksheets

- Use these sheets as starting points for composition
- These include blank Figurenotes bars to use in whatever way you want
- Try working out some rhythms to use before starting the notes
- Share your finished composition on social media and tag us so we can see!
- Record a performance of your piece or do a concert for your household

• Rhythm Worksheets

- Create your own rhythm words and fill in the worksheet.
- Clap the rhythms
- Play them on your instrument
- Try using different notes for these rhythms
- Use the blank sheets to create your own rhythms using your words.